

Tony Morelli Race Results

PR 1M 7:08

PR 5k 24:47

PR 10k 55:09

PR Half Marathon 2:14:29

2015 Results

3/22/2015 MudDog 10k 58:34.4

3/28/2015 Barry-Roubaix 24Mile 2:36.8

4/4/2015 Bunny Hop 5k 26:54

5/17/2015 Chip River Run 10k 59:28

7/12/2015 Grand Haven Duathlon 5k-20k-5k 1:53:55

8/15/2015 Panda Bear Half 2:22:28

2015 Total: 6 Events

2015 Total: 56k Run

2015 Total: 58.6k Bike

2014 Results

3/12/2014 Barry-Roubaix 24Mile 3:09:03

3/15/2014 MudDog 10k 01:01:15.855 9:53

4/12/2014 Out For Blood Duathlon 5k-20k 1:12:28

4/19/2014 Bunny Hop 5k 25:59

4/26/2014 Maple Syrup 10k 55:34

5/10/2014 5th 3rd Riverbank Run 5k: 26:00

5/10/2014 5th 3rd Riverbank Run 10k: 57:04

6/11/2014 The Human Race 5K 25:30

7/9/2014 Doozie of a Run 5K 26:20 (7:11 Fastest Mile)

7/12/2014 Weidman Days 5k 5K 24:47

7/13/2014 Grand Haven Duathlon 5k-20k-5k 29:28-48:34-29:35

8/6/2014 Doozie of a Run 10k 57:12

8/9/2014 Sanford and Sun Duathlon 5k-20k-5k -25:56 41:15 28:16 1:39:20

8/16/2014 Panda Bear 10k 55:56

9/17/2014 MP Rotary Club 5K 25:01

9/27/2014 Deerfield Park 10k 55:09

10/1/2014 Mountain Town Rehab 5K 27:38

10/19/2014 Columbus Half Marathon 2:14:29

11/8/2014 Midland 10K 56:32

2014 Total: 19 Events

2014 Total: 146k Run

2014 Total: 98.6k Bike

2013 Results

1/19/2013 Kick Start Duathlon 2Mi-6.5MiRoad-2Mi 0:20:28 0:31:07 0:22:37
1:14:12

2/2/2013 Dirty Duathlon 2Mi-6.5MiMountain-2Mi 0:18:53 0:58:33 0:21:39 *1:39:05*

3/17/2013 Leprechaun Chase 5k - 29:53 9:38

4/14/2013 Reno5000 5k - 28:48 9:25

4/28/2013 Chico Wildflower 100k - 5:19:16

5/11/2013 San Diego Zoo 5K - 29:00

7/7/2013 Grand Haven Duathlon 5k-20k-5k 27:38.6 2:09.6 46:28.7 1:55.7 30:16.3
1:48:29.1

7/13/2013 Wiedman Days 5k - 26:32 8:34

7/27/2013 Grand Haven Coast Guard 10k - 55:51 8:59

8/10/2013 Sanford and Sun Duathlon 5k-20k-5k -28:21 41:50 27:42 1:40:59

10/19/2013 Special Olympics of Michigan 5k - 24:56

11/16/2013 Dirty Dual 5k - 42:48

12/7/2013 Dickens of a Run 5k - 28:03

12/28/2013 Belk Bowl 5k - 25:47

2013 Total: 14 Events

2013 Total: 82.8k Run

2013 Total: 162k Bike

2012 Results

4/21/2012 Reno 5000 5k 30:59 9:59

5/6/2012 Rockin River Half Marathon 2:52:25

5/19/2012 Reno 5000 5k 30:45 9:54

6/23/2012 Reno 5000 5k 29:48 9:36

7/1/2012 Firecracker Duathlon 5k-30k-5k 30:44 31:52 2:01:43 2:02:47 2:36:33

8/19/2012 Duathlon 5k-30k-5k 29:21:00 00:50 1:05:54 1:39 0:35:10 2:13:54

9/21/2012 Duathlonl 5k-30k-5k 29:58:00 23:00 1:18:39 1:40 0:33:31 2:25:11

10/07/2012 Susan G Koman 5k 27:50

11/04/2012 Anything is possible 5K -28:38 (31:22)

11/11/2012 Donner Lake Turkey Trot 2.8K 21:17

11/21/2012 Sparks Turkey Trot 10k *1:00:47* 9:47/M
12/09/2012 Reno 5000 3M Red Nosed Run *30:51.20* 9:56

2012 Total: 12 Events

2012 Total: 95K Run

2012 Total: 90K Bike

2011 Results

5/1/2011 Rockin River 10k *1:46:30* 17:11
5/21/2011 Reno 5000 5k *36:32* 11:45
6/18/2011 Reno 5000 5k *32:51* 10:34
7/16/2011 Reno 5000 5k *32:10* 10:21
7/29/2011 Moonlight Madness Run 5k *46:25* 14:58
8/20/2011 Reno 5000 5k *30:37* 9:51
9/17/2011 Reno 5000 5k *30:07* 9:41
10/22/2011 Reno 5000 5k *28:24* 9:08
11/24/2011 Scheels Turkey Trot 10k *1:03:50* 10:17
12/04/2011 Reno 5000 3M Red Nosed Run *30:20* 10:06

2011 Total: 10 Events

2011 Total: 60k Run